

Weekly Menu W/C 13/04/26

W/C 13/04/26				
Monday	Tuesday	Wednesday	Thursday	Friday
INSET DAY	Chicken Fajitas with Tortilla Chips	All Day Breakfast	Wholemeal Spaghetti Bolognese	Fish Fingers with Chips & Garden Peas
	Roasted Red Pepper Quiche with Salad	Asian Noodles	Veggie Chilli & Rice	Veggie Burger in a Bun with Chips
	Ginger Biscuits	Angel Delight	Fresh Fruit Trifle	Cheese & Crackers

W/C 20/04/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta	Spanish Chicken with Rice & Green Beans	Sausage & Mash with Gravy & Peas	Caribbean Curry Beef with Rice	Fish Fingers with Chips & Garden Peas
Red Pepper Quiche with Salad	Vegetable & Lentil Stew	Vegetable Singapore Fried Rice	Spanish Omelette	Veggie Sausage Roll with Chips & Garden Peas
Fresh Fruit Salad	Flapjacks	Iced Sponge Cake with Custard	German Apple Cake	Ice Cream

W/C 27/04/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Stir Fry	Jewel's Chicken Karahi with Rice & Green Beans	Macaroni Cheese	Roast Chicken, New Potatoes & Cauliflower Cheese	Fish Fingers or Tandoori Salmon, Chips & Garden Peas
Broccoli & Cream Cheese Pasta Bake	Cherry Tomato Quiche	West African Jollof Rice	Vegan Ravioli in Tomato Sauce with Crusty Bread	Veggie Sausage Roll with Chips & Garden Peas
Fresh Fruit Salad	Scones	Jam Sponge Cake & Whipped Cream	Fruit Jelly	Cheese & Crackers

W/C 04/05/26				
Monday	Tuesday	Wednesday	Thursday	Friday
	Meat Free Spaghetti Bolognese with Salad	Chef Daniel's Beef & Bean Quesadillas	Chef Bonnie's Sunshine Pasta	Homemade Battered Fish with Chips & Peas
	Puy Lentil Shepherd's Pie with Baby Carrots	Vegetable & Rice Enchiladas with Salad	Spanish Omelette with Salad	Veggie Sausage Rolls with Chips & Peas
	German Apple Cake	Iced Sponge	Fresh Fruit Salad	Rich 'Chocolate' Cookies

W/C 11/05/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta	Roast Chicken, Seasonal, Vegetables & Potatoes	Caribbean Beef Curry with Rice	Cumberland Sausage Slice, Homemade Potato Wedges & Beans	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
Veggie Noodles	Veggie Sausage Toastie	Veggie Curry	Red Pepper Quiche	Veggie Burger in a Bun with Chips & Garden Peas
Fresh Fruit Salad	Fruit Jelly	Fresh Fruit Salad	Apple & Oat Crumble with Pouring Cream	Cheese & Crackers

W/C 18/05/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Wholemeal Pizza, Wedges & Beans	Chicken Katsu Curry with Rice	Sausage & Mash with Gravy & Peas	Homemade Battered Fish with Chips & Beans	
Cheese & Tomato Panini with Salad	Cheese & Red Onion Quiche with Salad	Homemade Macaroni Cheese with Peas	Sri Lankan Sweet Potato & Coconut Curry with Rice	
Apple & Oat Crumble with Pouring Cream	Homemade Rice Pudding with Strawberry Jam	Fresh Fruit Salad	Cheese & Crackers	

We provide a variety of seasonal hot & cold dishes for children to freely choose from. Fresh fruit & low-fat yoghurts along with & pudding are available every lunchtime. All of our meat is sourced from local suppliers, we use free range eggs & organic flour where possible. All our fruit & vegetables are locally sourced where possible. Halal options are available.

Food For Thought is a not for profit school meals company owned by its partner schools. Any surplus is reinvested in the company or returned to its member schools.

**FOOD
FOR
THOUGHT**