

## Weekly Lunch Menu 05/01/2026 – 9/02/2026

W/C 05/01/26				
Monday	Tuesday	Wednesday	Thursday	Friday
INSET DAY	All Day Breakfast	Chicken Fajitas	Spaghetti Bolognese, Salad & Garlic Bread	Fish Cake/ Fish Fingers Chips & Peas
	Asian Noodles	Macaroni Cheese	Vegetarian Sausage Toasties	Veggie Fingers with Chips & Mushy Peas
	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Cheese & Crackers

W/C 12/01/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Wholemeal Pasta	Roast Dinner with Vegetables & Potatoes	Spaghetti & Meatballs	Chicken Schnitzel in In a Bun with Wedges	Fish Fingers/Tandoori Salmon, Chips & Peas
Vegetarian Chilli with Brown Rice	Cheese & Onion Plate Pie with Carrots & Peas	Roasted Red Pepper Quiche with Salad	Veggie Dippers	Veggie Burger in a Bun with Chips
Fresh Fruit Salad	Angel Delight	Pineapple & Coconut Sponge	Choc Chip Cookie	Cheese & Crackers

W/C 19/01/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Wholemeal Pizza & Wedges with Beans	Chicken Karahi with Rice & Green Beans	Beef & Bean Quesadillas	Chef Bonnie's Sunshine Pasta	Fish Fingers with Chips & Garden Peas
Vegetable & Lentil Stew	Broccoli & Cream Cheese Pasta Bake	Macaroni Cheese	Spanish Omelette with Salad	Veggie Sausage Roll Chips & Garden Peas
Fresh Fruit Salad	Apple Flapjacks	Iced Sponge Cake With Custard	Oat Cookies	Cheese & Crackers

W/C 26/01/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Ravioli in Tomato Sauce with Crusty Bread	All Day Breakfast	Chinese Chicken Curry Rice & Prawn Crackers	Cottage Pie with Peas & Carrots	Fish Fingers / Tandoori Salmon, Chips & Peas
Spanish Omelette with Salad	Roasted Red Pepper Quiche with Salad	Vegetable Egg Fried Rice	Vegetable & Lentil Stew	Veggie Sausage Rolls, Chips & Garden Peas
Fresh Fruit salad	Shortbread biscuits	Jam Sponge Cake with Whipped Cream	Apple Flapjacks	Cheese & Crackers

W/C 02/02/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese with Garlic Bread	Sausage Casserole with Mash	Chicken Carbonara Pasta Bake with Garlic Bread	Chicken Fajita	Fish Fingers with Chips & Mushy Peas
Welsh Rarebit	Vegetable & Cheese Omelette with Salad	Vegetable & Rice Enchiladas	Cheese & Red Onion Quiche with Salad	Wholemeal Pizza
Angel Delight	German Apple Cake	Chocolate Fudge Cake	Fresh Fruit Salad	Cheese & Crackers

09/02/26				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta	Scouse with Crusty Bread & Beetroot	Sausage & Mash Potato, Gravy & Peas	Chicken Curry with Rice & Onion Bhajis	Homemade Battered Fish with Chips & Beans
Cheese & Red Onion Quiche with Salad	Cheese & Tomato Panini with Salad	Vegetable & Lentil Stew	Vegetable Biryani	Sweet Potato & Coconut Curry and Rice
Apple & Oat Crumble with Pouring Cream	Rice Pudding with Strawberry Jam	Iced Sponge Cake with Custard	Fresh Fruit Salad	Cheese & Crackers

**We provide a variety of seasonal hot & cold dishes for children to freely choose from. Fresh fruit & low-fat yoghurts along with & pudding are available every lunchtime. All of our meat is sourced from local suppliers, we use free range eggs & organic flour where possible. All our fruit & vegetables are locally sourced where possible. Halal options are available.**

**Food For Thought is a not for profit school meals company owned by its partner school. Any surplus is reinvested in the company or returned to its member schools.**

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