

Weekly Lunch Menu
W/C 03/11/25 – 15/12 /25

W/C 03/11

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza, Wedges & Beans	Cowboy Casserole With Pasta	Meatball Sub with Salad & Tortilla Chips	Chicken Roast Dinner	Fish Fingers & Chips & Mushy Peas
Veggie Chilli With Rice	Cheese & onion Pie	Cheesy Bean Pasta	Twice Baked Jacket Potato	Veggie Burger In a Bun
Fresh Fruit Salad	Vanilla Cheesecake	Angel Delight	Apple Flapjack	Cheese & Crackers

W/C 10/11

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta With Garlic Bread	Homemade Spanish Chicken with Rice	Sausage & Mash with Gravy & peas	Homemade Scouse With Crusty Bread	Fish & Chip and Minted Mushy Peas
Meat Free Burritos	Roasted Pepper Quiche	Macaroni & Cheese	Veg & Cheese Quesadilla's	Veggie Curry & Rice
Fresh Fruit Salad	Angel Delight	Apple & Oat Crumble With Cream	Sponge & Custard	Cheese and Crackers

W/C 17/11

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Beans Pasta Bake	All Day Breakfast	Chicken Roast Dinner	Meatballs with Spaghetti	Battered Fish with Chips & Beans
Cherry Tomato Quiche	Lentil Stew	Twice Baked Potatoes	Veg Toasties	Veggie Sausage Roll
Sponge Cake	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Rich Chocolate Cookies

W/C 24/11

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza & Wedges With Beans	Chicken Katsu curry with Rice	Chicken Carbonara Pasta With Garlic Bread	Mince & Tatties With Peas	Fish Fingers or Tandoori Salmon with Chips
Spanish Omelette	Broccoli & cream cheese pasta bake	Mac & Cheese	Quorn Stovies	Veggie Burger in a Bun
Fresh Fruit Salad	German Apple Cake	Chocolate Fudge Cake	Scottish Shortbread	Cheese & Crackers Popcorn

W/C 01/12

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta With Garlic Bread	Chicken Stir Fry Noodles	Sausage & Mash Gravy & Peas	Chicken Curry with Rice & Onion Bhajis	Fish fingers/ Fish, Chips and Minted Mushy Peas
Singapore Noodles	Spanish Omelette	Vegetable & Rice Enchilada	Vegetable Biryani	Spicy Singapore Noodles
German Apple cake	Rice Pudding with Strawberry Jam	Iced Sponge Cake With Custard	Fresh Fruit Salad	Cheese and Crackers

W/C 08/12

Monday	Tuesday	Christmas Dinner Day	Thursday	Friday
Vegan Ravioli in Tomato Sauce With Crusty Bread	All Day Breakfast	Roast Turkey, Potatoes, Pigs in Blankets, Sprouts Carrot & Turnip.	Homemade Cottage Pie with Peas & Carrots	Fish fingers with Chips & Beans
Spanish Omelette	Meat Free Burritos	Vegetarian Christmas Dinner	Vegetable Quesadillas	Vegetable Sausage Rolls
Fresh Fruit Salad	Shortbread	Festive Ice Cream Pot	Apple Flapjack	Cheese & Crackers

W/C 15/12

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Spaghetti Bolognese & Garlic Bread	Spanish Chicken With Rice	Chicken Burgers, Nuggets with Wedges & Salad	Chicken Tikka with Rice & Poppadom's	Fish Fingers, Chips and Mushy Peas
Welsh Rarebit	Veg & Cheese Omelette with Salad	Sweet Potato Curry	Cheese & Tomato Toasties	Veggie Sausage Roll
Chocolate Fudge Cake	Oat Cookies	Christmas Biscuits	Chocolate Muffin	Cheese & Crackers

We offer a range of seasonal hot and cold dishes for children, plus low-fat yoghurts, fresh fruit and pudding each lunchtime. Jacket potatoes and sandwiches are available daily.
Our meat comes from local suppliers, with free-range eggs and organic flour used where possible. We also source fruit and vegetables locally and provide halal options.

Food For Thought is a not-for-profit school meals company owned by its partner school.