

# CHILDREN & YOUNG PERSON'S WELLBEING SUPPORT



Does this sound like you?

- I wish I was more confident.
- I can't switch off.
- I can't do it.
- Why can't I stop worrying?
- What if I fail my exams?
- What if I look stupid?



To make a referral contact us via the details below:



[referrals.liverpoolypas@nhs.net](mailto:referrals.liverpoolypas@nhs.net)



0151 707-1025

scan here

