

WEEK B/G 06/11/2023

Monday	Tuesday	Wednesday	Thursday	Friday
Wholemeal Pizza & Wedges Cheese and Onion Pie with Carrots & Peas Fresh Fruit Salad / Yoghurt	Cowboy Casserole with Pasta Vegetarian Chilli with Rice Vanilla Cheesecake/ Fresh Fruit	Scouse with Crusty Bread & Beetroot Tuna Pasta with Cucumber and Red Onion Pineapple & Coconut Sponge/	Chicken Roast Dinner with Vegetables and Roast Potatoes Twice Baked Jacket Potato Apple Flapjacks/ Fresh Fruit	Fish Fingers with chips and Garden Peas Veggie Burger in a Bun with Chips Cheese and crackers/

WEEK B/G 13/11/2023

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato and Basil Pasta Bake with Garlic Bread Falafel Pitas Fresh Fruit Salad/ Yoghurt	Spanish Chicken, Wholemeal Rice and Green Beans Roasted Red Pepper, Cheese and Tomato Quiche Fresh Fruit	Sausage and Mash Macaroni Cheese with Peas Apple and Oat Crumble with Pouring Cream/ Yoghurt	Meatball Sub, Salad and Tortilla Chips Vegetable and Cheese Quesadillas Vanilla Sponge and Custard/ Fresh Fruit	Battered Fish and Chips with Minted Mushy Peas Vegetable Curry and Rice Cheese and Crackers/ Yoghurt

WEEK B/G 20/11/2023

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Beans Pasta Bake Tomato and Cheese Quiche with Salad Sponge Cake and Custard/ Fresh fruit	Chicken Tagine with Cous Cous Tuna Pasta with Cucumber and Red Onion Ginger Biscuits/ Fresh Fruit	Beef Roast Dinner with Vegetables and Roast Potatoes Twice Baked Jacket Potatoes Fresh Fruit salad/ Yoghurt	Wholemeal Spaghetti Bolognese with Salad and Garlic Bread Vegetarian Sausage Toasties Fresh Fruit Trifle/ Fresh Fruit	Fish Cake or Fish Fingers with Chips and Mushy Peas Tandoori Salmon with Pitta Bread Cheese and Crackers/ Yoghurt

WEEK B/G 27/11/2023

Monday	Tuesday	Wednesday	Thursday	Friday
Wholemeal Pizza and Wedges Broccoli and Cream Cheese Pasta Bake Fresh Fruit Salad	Chicken Katsu Curry with Rice Spanish Omelette with salad German Apple Cake/ Fresh Fruit	Carbonara (Ham and Chicken) Penne Pasta & Garlic Bread Vegetable and Rice Enchiladas Sticky Toffee Pudding/ Yoghurt	Mince and Tatties Quorn Stovies Shortbread / Fresh Fruit	Battered Fish and Chips with Beans Veggie Sausage Rolls Rich 'Chocolate' Cookie/ Yoghurt

WEEK B/G 04/12/2023

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato and basil Pasta Vegetable Biryani Apple and Oat Crumble with Cream/ Fresh Fruit	Spaghetti and Meatballs Cheese and Tomato Panini Rice Pudding with Strawberry Jam/ Fresh Fruit	Sausage and Mash with Peas Macaroni Cheese Iced Sponge Cake with Custard/Fresh Fruit	Chicken Curry with Rice & Onion Bhajjs Cheese and Red Onion Quiche Fresh Fruit /yoghurt	Roasted Vegetable Christmas Dinner: Roast Turkey, Roast Potatoes, Stuffing, Pigs in Blankets, Sprouts, Carrots and Turnip Vegetarian Christmas Dinner Christmas Tree Ice Creams

WEEK B/G 11/12/2023

Monday	Tuesday	Wednesday	Thursday	Friday
Vegan Ravioli in Tomato Sauce with Crusty Bread West African Jollof Rice Fresh Fruit Salad	All Day Breakfast Roasted Red Pepper Quiche Toast Shortbread Fresh Fruit	Chicken Tikka Curry with Rice and Mango Chutney Vegetable and Lentil Stew Jam Sponge Cake and Whipped Cream/ Yoghurt	Cottage Pie Vegetable Quesadillas Apple Flapjacks/ Fresh Fruit	Fish Fingers with Chips and Garden Peas Veggie Sausage Roll Cheese and Crackers/ Yoghurt

WEEK B/G 18/12/2023

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Spaghetti Bolognese with Garlic Bread Welsh Rarebit 'Chocolate' Fudge Cake/Fresh Fruit	Sausage Casserole Vegetable and Cheese Omelette Oat Cookies/ Fresh Fruit	Chef Choice Curry and Rice Cheese and Tomato Toasties Manchester Tart/ Fresh Fruit	Fish Fingers with Chips and Mushy Peas Salmon Fish Pie Cheese and Crackers/ Yoghurt	