

St Hugh's Catholic Primary School
Personal, Social and Health Education (PSHE) Subject Plan

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Health and Wellbeing Feelings, loss, likes and dislikes	Health and Wellbeing Change and loss Health and disease	Health and Wellbeing Balanced lifestyle Health and safety	Health and Wellbeing Hygiene and viruses Extremism	Health and Wellbeing Keeping healthy physically, mentally, emotionally	Health and Wellbeing Risk Peer pressure
Autumn 2	Health and hygiene Keeping safe	Keeping safe Drugs in the home	Drugs Peer pressure	Drugs Mental health	Emergency aid Stereotypes	Substance misuse Keeping safe Extremism
Spring 1	Relationships and Sex Education We meet God's love in our family	Relationships and Sex Education We meet God's love in the community	Relationships and Sex Education How we live in love	Relationships and Sex Education God loves us in our differences	Relationships and Sex Education God loves me in my changing and development	Relationships and Sex Education The wonder of God's love in creating new life
Spring 2						
Summer 1	Living in the Wider World Introduction to money Children's rights	Living in the Wider World Rules Environment	Living in the Wider World Friendship/belonging Anti-social behaviour	Living in the Wider World Anti-social behaviour Rights and responsibilities	Living in the Wider World Religious and cultural diversity Universal rights and the UN convention and keeping safe	Living in the Wider World Diversity Rights and responsibilities
Summer 2	Environment	Spending and saving	Money Human rights	How to be a critical and ethical consumer	Loans, debts and taxes	Enterprise