

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
WEEK 1 13.12 17.01 07.02	Cheese & tomato pizza (v) (1, 3) Or Vegetable & Lentil Hot Pot Potato wedges, beans & seasonal salad Fruit & Ice Cream (1)	Cottage pie (1) Or Vegetable Lasagne (v) (1, 3) Carrots & broccoli Vegetarian Strawberry Jelly	Roast Chicken Breast or Vegetable burger (v) (1, 3) Roast Potatoes Seasonal Greens, Carrots Apple sponge with custard (1,3,11)	Beef Lasagne (1, 3) Or Bean & vegetable cottage pie (v) (1) Sweetcorn, coleslaw (11) Chocolate mousse (1)	Fish fingers (2, 3) Or Vegetable fingers in a wrap, (v) (3) Chips, beans / peas Fruit salad
WEEK 2 20.12 24.01 14.02	Chickpea & potato curry with rice or Mac & cheese with Garlic Slice (v) (1, 3) Broccoli & Carrots Frozen Yoghurt (1)	Halal Chicken Sausage, mash & gravy (1, 3, 12) Or Vegetable Omelette & Jacket half (11) Peas & Corn Chocolate sponge with pear compote (1, 3, 11)	Roast Turkey & Stuffing (3) Or Tomato & penne pasta topped with grated cheese (v) (1, 3) Roast Potatoes Seasonal Greens, Cauliflower, Vanilla shortbread (1,3)	Bolognese penne pasta (2, 3) or Cheese & tomato pizza (v) (1, 3) Green beans, sweetcorn (1,3,11) Vegetarian Orange jelly	Salmon fishcake, (2, 3, 14) Fish fingers (2, 3) or Vegetable Sausage (v) (3) Chips, beans, peas Banana custard (1)
WEEK 3 6.12 10.01 31.01	Vegetable balls in a tomato sauce with spaghetti (v) (3, 11) Or Cheese & tomato pizza Potato wedges (v) (1,3) Seasonal salad, sweetcorn Fruit salad	Lamb Meatballs in a tomato sauce with Spaghetti or Vegetable & bean wrap & Savoury rice (v) (1, 3) Broccoli & cauliflower Vegetarian Strawberry jelly	Roast Chicken Thigh with Gravy or Vegetable and Lentil Loaf (v) (3, 11) Roast Potatoes, Kale & Carrots Wholemeal oat cookie (1, 3)	Chicken Korma Curry with wholegrain rice (1) or Tomato & Basil Pasta with Cheese (1, 3) Green Beans, cauliflower Apple crumble & Custard (1, 3)	Battered Fish, chips & Beans (2, 3) or Vegetable burger in a Bap with chips (v) (3) Chips, beans, peas Ice Cream (1)

Available daily: Handmade bread, Fresh fruit Also available daily Jacket potatoes served with a selection of fillings

**Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin,
9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard**