



**St. Hugh's Catholic Primary School**  
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**Headteacher: Miss. A. Connearn**

Monday, 19<sup>th</sup> March 2018

### Healthy Schools

Dear Parent/Carer,

After the Easter holidays, we ask that children do not bring any drinks in with their packed lunches. We are a healthy school and encourage the children to have only healthy food and drinks.

All children having school dinners and packed lunches will have access to an unlimited amount of water and will not need any other drinks.

Water is the healthiest option for children to have at lunchtimes and will ensure they are well hydrated for their lessons in the afternoons.

Thank you for your understanding and continued support.

Yours sincerely,

Mrs A Flood  
Deputy Head Teacher

