

St Hugh's Catholic Primary School

Personal, Social and Health (PSHE) Education

Mission Statement

St Hugh's School provides a welcoming, safe and secure environment for all.

Our school aims to be a community which reflects real gospel values of love and forgiveness. A community in which each individual, child or adult, can work in an atmosphere of mutual respect and understanding; so as to broaden their appreciation of the world, its cultures and its people.

Every day Growing in God's Love

Introduction

Through PSHE children are able to develop the knowledge and skills they need to keep themselves safe and healthy and to prepare them for life and work in modern Britain. They develop skills and attributes such as resilience, self-esteem, risk management, team working and critical thinking. They learn to form satisfying and healthy relationships based on respect for themselves and each other at home, at school, at work and in the community.

Section 2.5 of the National Curriculum framework (2014) states that all schools should make provision for PSHE. Section 78 of the Education Act (2002) states that schools must have a broad and balanced curriculum which "...promotes the spiritual, moral, cultural, mental and physical development of pupils at the school..." It must also prepare "...pupils at the school for the opportunities, responsibilities and experiences of later life".

At St. Hugh's Catholic Primary School, PSHE forms a significant part of our Catholic ethos. Our Mission Statement embodies our belief that the development of the whole child is based on the Christian principles of love, respect and forgiveness.

Aims

Through our PSHE curriculum at St. Hugh's, we aim:

- To develop the children's personal and social skills
- To prepare the children for the opportunities and responsibilities for later life
- To encourage the children to have respect for themselves and others, valuing the similarities and differences between people
- To encourage the children to respect equality and diversity
- To develop good relationships with other members of the school and wider community
- To be positive and active members of a democratic society
- To know what constitutes a healthy lifestyle
- To develop positive attitudes towards the local, national and global environment
- To help the children understand their rights and responsibilities as a citizen of the wider world.

Curriculum

The children's personal, social and emotional development is encouraged by our supportive school ethos in which everyone is valued. Positive relationships are encouraged and there is a safe and secure environment that is conducive to learning.

We have developed a PSHE curriculum at St. Hugh's, which reflects the specific needs of the children in our school. It focuses on the three main areas of:

- Health and Wellbeing (healthy lifestyles, wellbeing, staying safe)
- Relationships (developing healthy relationships, recognising and managing emotions, recognising and responding to risky or negative relationships, respecting equality and diversity in relationships)
- Living in the Wider World – economic wellbeing and being a responsible citizen (respect, rights and responsibilities, different communities, respecting and protecting the environment, finance and enterprise).

St Hugh's Catholic Primary School

Personal, Social and Health (PSHE) Education

PSHE is taught within all relevant subject areas particularly RE, PE, science, English, geography and history and as part of cross-curricular projects. It is also taught as a discrete subject when appropriate. It is taught through our Catholic ethos, our behaviour policy, Safeguarding Policy, School of Sanctuary status, SRE, class/whole-school/Key Stage assemblies and Collective Worship. Visitors are often invited in from different organisations to provide specialist support and teaching e.g. the police, NSPCC, Liverpool Compact, health professionals, theatre companies etc.

PSHE is also addressed on a daily basis as appropriate. Children are supported in applying their new skills in real-life situations as the need arises. At times, teachers may hold an additional circle-time session in response to a particular event or issue.

A range of learning and teaching strategies are used depending on the topic being taught and the age and ability of the children. All teachers aim to provide a safe learning environment which is conducive to discussion, debate, investigation and problem solving. Children are encouraged to take responsibility for their own learning and time is given for them to reflect, consolidate and apply their learning. They are also encouraged to take part in a range of practical activities such as charity fundraising, school council, eco-council, Be a Friend and a range of extra-curricular activities.

Assessment, Recording and Reporting

Children do not 'pass' or 'fail' in PSHE but have the opportunity to reflect on their own learning and personal experiences. We do not assess children in all areas of PSHE. However, elements of PSHE within other areas of the curriculum can be more formally assessed. It is inappropriate to assess children's values.

Individual children's achievements are celebrated in a variety of ways e.g. stickers, certificates and merits, praise and recognition in celebration assemblies. Celebration and recognition of achievement contributes to the building of self-esteem and a strong sense of community and belonging. It can also help create a positive atmosphere and a sense of pride in the school. Every child also has a Record of Achievement which contains formative evidence and can also provide a summative assessment.

Dissemination and Review

This policy is distributed to staff and Governors. It is available on the school's website and a paper copy is available to parents on request.

This policy will be evaluated and reviewed annually.